



10: Work Relationships

W o r k s h e e t s

How would you rate your relationship with your manager (1-10): _____

Gather some insights to build mutual understanding:

- 1. Manager's goals as provided by their manager:**
- 2. Manager's leadership style:**
- 3. Manager's communication style:**
- 4. Manager's career development support plans:**
- 5. Where on the Introvert/Extrovert Continuum do you see your manager?
How might you apply this knowledge in building rapport?**
- 6. Align on a communication plan (method, frequency):**

REPAIRing misaligned relationships

- 1. Review the situation**
- 2. Explore the root cause**
- 3. Prospect for solutions**
- 4. Ask for other opinions**
- 5. Initiate a discussion with your manager**
- 6. Raise the issue to others**